

Title: “Let me tell you about crypto-currency’s HEX token and the ease at which you can earn yield”

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Released: December 2020

Edited: November 2022

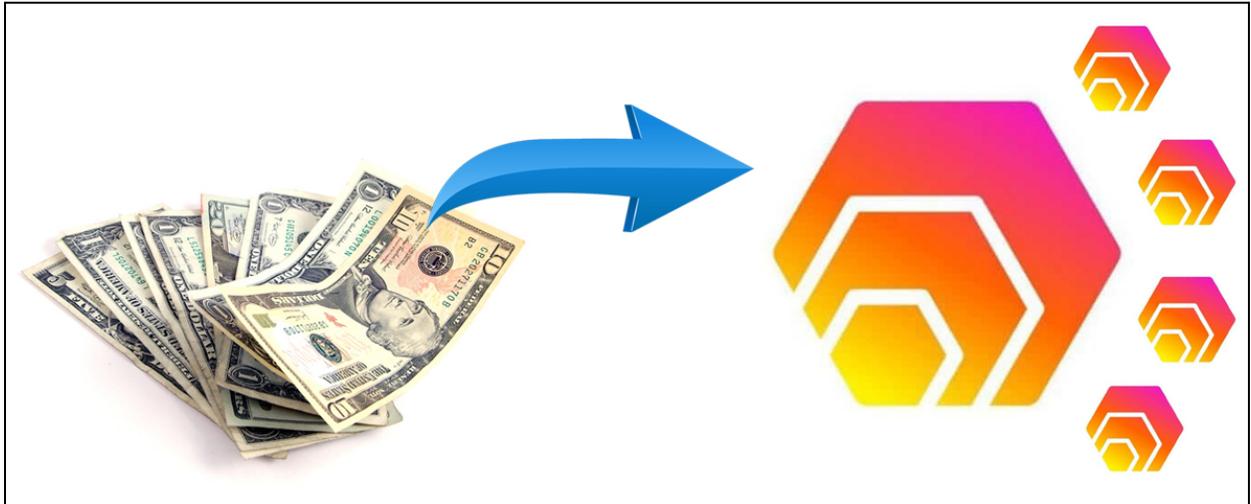


Figure 1: Image of cash turning into HEX token, and more tokens created as a yield.

In this article:

- How to get US Dollar values into cryptocurrency.
- How to send and receive cryptocurrency.
- How to grow your cryptocurrency holdings (using the blockchain fully).
- How to pull US Dollar values out of cryptocurrency.

Video content below:

- Buying Ethereum at Coinbase (coinbase.com) with an account using US Dollars.
- Sending Ethereum from Coinbase to your computer (your personal Metamask wallet shows values).
- Exchanging Ethereum for HEX tokens at a decentralized finance website.
- Lock up HEX tokens to earn a yield in HEX tokens.
- Transferring crypto’s value back into your bank account.

Crypto is about getting rid of the middleman. To get into 'crypto', one would need to step up to the plate with their computer, willing to be a currency nomad. Saving passwords in safes.

I missed the last Bitcoin bubble. It has been rising every three years. When bitcoin first came out, I was already biased against the use of digital money. But this last bubble, when Bitcoin reached \$20k near Christmas day, I didn't have a good enough excuse. I was distracted by work - someone else's promises and the adoption of their dreams. So after the last bubble, I entered the space of crypto-currencies in search of answers and possibly riches. I briefly watched multiple Youtubers who would never provide a perspective of knowing the bigger picture. A guy with the screen name Richard Heart, started doing live video streams offering insights toward worldly Bitcoin views. He announced the launch of a cryptocurrency called HEX in December of 2019. The HEX currency is revolutionary in the way that it automates a banking function to provide an investment strategy to anyone with a computer. Learning how to acquire the HEX token, and learning how to use those tokens to earn interest, is the point of this document. I am not going to convince you to buy Bitcoin here. I am going to lead you to a revolutionary crypto where you can join at the ground level. By the end of this article you will be positioned and earning a yield (in crypto). Let me lead you through the steps many other people are doing to build some "crypto".

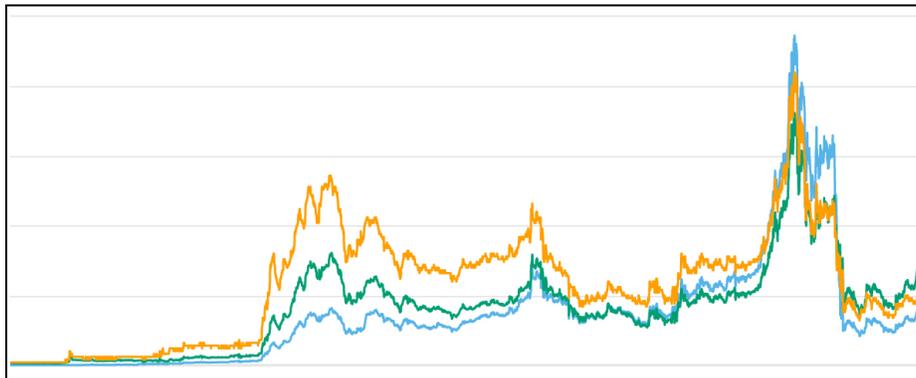


Figure 2: Image of the HEX chart against Bitcoin, Ethereum, and the United States Dollar.

This is the HEX token chart at the time I am making this instructional document. Notice how we are almost at half of our highest highs. Those highs were made at the last moments of HEX's launch phase (late November 2020). You are here at a good time.

It is important for me to make clear, “You are entering a space that is free.” Therefore, some people refer to the crypto-currency space as “The Wild West”. There are a bunch of ideas out in the industry. There are a bunch of people 95% convinced of certain ideas about how crypto-currency should operate. When people are wrong about the market, emotions inside the people are made worse because they have grown financial ties. A friend of mine said, “If you become attached, you’ve got too much at stake!” With that being said, you and I are at ‘stage one’ of a token that can couple with the ‘Real World’, and provide the best features of the currency world, to date. I am leading you to a good place. Once there, I will help you get your feet wet, then, you can get yourself comfortable. I am happy to be the person bringing this to you.

“Getting in early has compounding effects.”

- some crypto influencer

To begin ownership of crypto-currencies, you will need to find an “on ramp”. This is the place to move your value from fiat currency into digital currency. This is the service where your USD will be transformed into another value marker. The company I recommend is the largest in the business, - Coinbase Inc.. At Coinbase, you will set up an account, link a bank account, transfer dollars in, and send cryptocurrency out. Thus, this is your “on ramp”. I am not saying this is the easiest or best way to get crypto, and I am not saying that things will stay the same, but as ‘crypto’ develops, things change and processes evolve to help the user. Anyway, follow this referral link to Coinbase or type “coinbase.com” into your web browser.

Referral link to Coinbase Inc.,: https://www.coinbase.com/join/hoyt_0r



Set up an account with Coinbase. Link your bank account to this new account on Coinbase. Linking a bank account to Coinbase can take a week, so start sooner than later. I would say this is the first hurdle. So be diligent and start it now.

When Coinbase allows you to make purchases, get Ethereum. At the time of this article, an amount of 0.1 unit of Ethereum is worth \$60 USD. I cannot tell you how much Ethereum to purchase, but a few dollars would be the bare minimum for us to complete this article.

Video number 1: Buying Ethereum at Coinbase (coinbase.com) with an account using US Dollars.

Link to video number 1: <https://youtu.be/cdEiZG06-Gk>



Please note that Coinbase doesn't offer HEX. Fun fact: they also don't offer personal ownership of any coins. Instead, they keep coins in stock for you, and you have a tally sheet with them. This is a deeper argument for a deeper understanding in the future. But how does this affect us? We need to seek out the HEX token somewhere else!

Going forward, we will be setting up a wallet on our computer, and approaching the final stage of locking up our value to earn yield in HEX tokens.

On a computer (that you own), download the Google Chrome browser if you don't already have it. Check for browser software updates while we're talking about it.

Link to Google Chrome browser download: <https://www.google.com/chrome/>

In the Google Chrome browser, visit the MetaMask wallet website where you will download and install a digital wallet to hold crypto currencies - and have personal control over the value held within this wallet. Therefore, the actions you execute with this wallet will be non-refundable. There will be no phone number to call if you '*fudge something up*'. You need to gain an understanding of how you have erased the bank's middleman by using crypto. If you were to lose a password, it could be a serious issue for you. Also, do not entertain someone if you think they want your private information. The wallet's built-in security should be enough to protect you, as long as you don't aid your attacker by clicking on a malicious link of theirs'. Don't visit websites you don't trust. To download the free Metamask wallet, click on the following link.

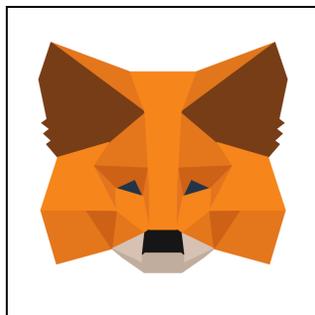


Figure 3: The Metamask logo is the head of a fox.

Link to Metamask wallet download: <https://metamask.io/>

When you are able, send Ethereum from your Coinbase account to your MetaMask wallet.

This should take the network less than a minute to process. Sometimes the network is busy, and there can be an increase in wait times and transfer fees. You will learn more about this as you get comfortable in the crypto space. We refer to the network fees as *gas*. Each network charges their native coin for *gas*. We are dealing with the Ethereum network because that is where the HEX contract was placed; to be accessed worldwide by investors, interminably.

Video number 2: Sending Ethereum from Coinbase to your computer (your personal Metamask wallet).

Link to Video number 2: <https://youtu.be/frQY4H6NNpk>



If your emotions are freaking out by the idea of “moving money” on your computer (by the use of *text values*), then you are sending too high of quantities. Send very small amounts at first to grow your comfort level.

Please note we are using Ethereum and not Bitcoin. Do not use Bitcoin to fulfill my instructions. If I wanted you to use Bitcoin, I would ask you to use Bitcoin. If you were to send Bitcoin to your Metamask wallet address, you would lose the Bitcoin. It would be “lost to code” (the abyss), and no one would receive it. Lost forever, and someone re-viewing the blockchain will laugh at you, if not now, then later!

When you have Ethereum in your MetaMask wallet, visit the following website to trade your Ethereum for HEX tokens.

Link to website where you will exchange some of your Ethereum for HEX tokens:

<https://ethhex.com/swap>

This website has a liquidity pool. That means it has amounts of both Ethereum and HEX token - to balance out the transfers people want to make in-and-out of each currency. The website charges a small fee to stay in business and best prepare for future ratios. You can learn more about exchange rates and liquidity pools as your crypto journey progresses.

When we visit this website, we will have the option to “connect your wallet.” This will be a secure connection, and the wallet will ask you before performing any actions, always. You will have full control of your crypto. But keep in mind, connecting a wallet to non-trusted websites, and hurrying through the wallet permission prompts, are the most common forms of scamming yourself out of your coins.

Video number 3: Exchanging Ethereum for HEX tokens (at a decentralized finance website).

Link to video number 3: <https://youtu.be/2jQe1AT646o>



When you have HEX tokens in your MetaMask wallet, visit the following website to lock up your value to grow yield.

Link to “stake” your HEX: <https://go.hex.com/stake/>

This website is a safe place, and like the last website, it is offered by a member of the HEX community. This website presents data from the HEX contract’s activities on the block chain. Through this website, you can interact with the HEX contract to stake and earn yield.

Note the seriousness of locking up money for long periods of time. In the case of HEX, you will lose most of your investment if you don’t wait out your stakes. It could be stressful if you haven’t already parted with the value that was on-boarded to crypto. The HEX contract rewards stakers who stake large amounts, and stakers who stake for long periods. This will become apparent as you investigate projected returns on the website. Be careful, because your responsibility is required. But rest assured, you ultimately decide the number of tokens and number of days. There are no suggestions on the website.

Some people have adopted the idea of “laddering their stakes”. This means they have divided their HEX into equal portions and have staked for incremental distances (into the future). I am not advising you perform any action in particular. Again, I’m simply letting you know what other people are doing. This is an educational exercise, and I’m showing you a strategy.

HEXfoodies Group Project HSIs								
Start Day	Due Day	Year	Due Season	Length	Handle	Wallet Address	HSI Address	Hash Sent
1017	1201	2023	Spring	184	TrapGravity	0x013f99a2E0c5680428B58c4cA647e33936C8F42	0x5633b896d3f44466AD284D5220F55AcdD8b4777	
1017	1384	2023	Fall	367	TrapGravity	0x013f99a2E0c5680428B58c4cA647e33936C8F42	0xFe513c87DDcCaC8B2659618d2Ea216168760B	
1017	1567	2024	Spring	550	Rogue Herbalist	0x6AC308a8B4E5882840151C1635C96416eD4bF5	0x4c398f719504B054632265f670B7CecF91CBA02	0x8e22b5d4e8977ca975060fa332d8ee527c540765293beb3c95e44bb42ab3bc
1017	1749	2024	Fall	732	HexicanChiefNZ		0x4c398f719504B054632265f670B7CecF91CBA02	
1017	1931	2025	Spring	914	HexOnAir	0x3F288874864f782457DDA1A0DDF823e024cC5B	0x2C788f70D00918e8505e1216477C8E41b45e65	0xD4eb123d5a599682615a7b3173912c7d490be8ab50d9354646d5649a2d83e
1017	2114	2025	Fall	1097	ReggaBone	0x0657a4D43281067Jea2a5DQAb9f649693f78028	0xc9e96720c1Be931c0FD0c8a831F249430B5Da8	0xF0c712c61aa6ca78b582b3d81de8bda025579455c5f6c4cb74689737b4fdb
1017	2296	2026	Spring	1279	HexSiren	0x1bA8Bf8E80B6514966AE8C2F37C0De2C83b19	0xa58e80a4b6c06869Db4C1579951d02483126636f6	
1017	2478	2026	Fall	1461	AWildSJ	0xeA466A7C8B0428C8f6d3B0CC4bD73B992f0C9F	0xA5bD861d3C68bc7dA5bdc2F6e2203A388df23c	
1017	2661	2027	Spring	1644	Michael Lung		0x9025fC768E377F025F0E33cd892100cDa74e63	
1017	2843	2027	Fall	1826	Facing Reality		0x3288Edb811587D4Afa0E2e9e79DaDe2dd0E	
1017	3025	2028	Spring	2008	MackenzeMcAleer		0x7c4b3859a2324b8AD36564147320b8482e11a40	
1017	3208	2028	Fall	2191	AxisAlive	0x2ef900B5d418392C25533aFDdA14f8e1a2a3875c	0xC0c770b7f0204a51149f9f0d91975a51e8eEe765	0xf0f1c484431af553bea07ad4bdf153961c090be86e30d5006a4c9a090e4
1017	3390	2029	Spring	2373	Marcus	0xB9E8aFC91089B92484AD5D8D19749430656c0bE	0x5c20d16f0cF41e080a0f915486f6c45740f6bc	
1017	3573	2029	Fall	2556	Aaron Barnett		0x9B9a768d70492196A0d12E82925B34a8a46a6f	
1017	3755	2030	Spring	2738	Morten Hake	0x2B1b1b5aeA0570a0c0c078C4a44586B3d220B	0xA8960d832e9495317a91B81017f4DD0ED8CD3	0xDa175832963aa4f92694745a4a4866f4aa221d504ecc8ab38f3091de6565c50
1017	3937	2030	Fall	2920	Torin SonicPulse		0xC674504c0c4973650C8BDF1586ee9336c9A	
1017	4120	2031	Spring	3103	MB		0x66a500e29b626b1826d1A491d4237A6B5C049	
1017	4302	2031	Fall	3285	GroundedInHEX		0xA708E81055e4A02ae315f060e4688EDe7D81743	
1017	4484	2032	Spring	3467	Sequoia Stone	0x16Ccf78EaC295c320854f30D4EE8E8D6Caf527c11	0xA8D3C7c10B07F6e0804c153b41d6759f234E953a	0xeb86dde3feb22d3232650e82e2219337290e190c174360863c2efc773e6d9d
1017	4666	2032	Fall	3649	WhalesOnly		0x24eb2230DFC206158534616428B0d9338e930	
1017	4848	2033	Spring	3831	CellHex Gaemon	0x7C75e01885Ece9F8323DfA47771AA61188F02	0x3C0C086855AA7f91ef03084de825F6c0018215	0x85d14206badc27a8a5546b8911c12d7608f5e53016551bb5c5534de07f6f08
1017	5031	2033	Fall	4014	Aqua	0xa0b4Dfa4e0d8012eE97f02465b81C548c36e62	0xE05eeFa992AFAECDA3F9c1Bc35aD8Da6c0e90b97	0x9664152b20596465336e145dccb0dfec924f77a60w71ac65c29a61bc320b47
1017	5214	2034	Spring	4197	InvitingFreedom		0xF2C445729E07e2A9cb2480cc0c479c0eaCF319b	
1017	5396	2034	Fall	4379	Ecobuldr		0xf13d91DdfcbC6e77A7A06E8D64C0090bF377Ff	
1017	5579	2035	Spring	4562	Roland	0x18132129d091aBdac105c488aD087896b252A1F	0xB2BA12405478551A36102aD082B0c8d3Ea7904	
1017	5762	2035	Fall	4745	Roland	0x18132129d091aBdac105c488aD087896b252A1F	0x52e60aa05E1A361E5338A86C7301866E4080599	
1017	5944	2036	Spring	4927	Ecobuldr		0xD08a45e52c0c404488eC7187a2080f5b3cFF98	
1017	6128	2036	Fall	5111	InvitingFreedom		0x57c0a7f15A350aBd8637FB3059551CC46512	
1017	6310	2037	Spring	5293	Dheeraj More	0x2304580b543370b5599c5e5018447e177fc328	0x2bAbc149f45F1996A5D9f9eCA2faA9CC029aa	0x96587ee56dfc1c1eacc2d7588752aa2d2b5c35c011547599e1356835b75b
1017	6492	2037	Fall	5475	Dheeraj More	0x2304580b543370b5599c5e5018447e177fc328	0x8b99e2CaA3E7c603034703d1Dc3eC243dCAC56A	0x0b350fddacba980777c395f65f65ebae7b67c244e68768aa909770bc4420

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Figure 4: A table of laddered stakes scheduled by a group inside the HEX community for future funding of outreach projects. Please note the year and season the stakes become due. Designed down to the day of the week the guardian will be ending each stake.

Video number 4: Locking up HEX tokens to earn a yield in HEX tokens.

Link to video number 4: <https://youtu.be/1eM0U9Y33A0>



Note that when a stake's time period has completed, the user must end the stake. If the guardian/user doesn't visit the website and run the end stake function, a percentage point of the tokens will be lost per week. This is a feature purposefully written into the HEX code. As a currency grows it's users, the financial ecosystem will benefit from burning stagnant liquidity such as this.

Congratulations! You have made it to the oasis, and set up a tent. Now that you know what you are doing, I'd like to tell you my Metamask wallet address if you would like to donate some HEX tokens toward me, based on your experience here. The following is my address for HEX tokens:0x3a451dE3392F00CBD08698Ba3Bf42F08eF10b308

I hope you have enjoyed this exercise. Knowing how to navigate crypto is quickly becoming favorable knowledge. This was a rare learning opportunity.

I have walked you through the process of getting here, do you remember where the door is? Do you understand how to reverse the direction, and get the value out of crypto; back into your bank account? Your local companies will not accept HEX tokens for payments. Here is a video to remind you of the path in reverse, backing you out of crypto.

Video number 5: Transferring crypto's value back into your bank account.

Link to video number 5: https://youtu.be/7_B7vc66Pt4



If you would like to join people talking about their HEX experiences, you can join the HEX crypto channel on Telegram Messenger world-wide. And you can subscribe to the founder's YouTube channel for occasional live crypto industry updates.

Link to Telegram chat room: <https://t.me/HEXcrypto>



Link to the Founder of HEX token, Richard Heart, YouTube channel:
<https://www.youtube.com/channel/UCta3TYFhzfpPvOtKBDifYJA>



View your HEX stakes with this tool: <https://hex.live/>



I promise nothing, but the future looks promising. Don't use money you don't have. Consult a professional. These things I must say to avoid liability. Have fun being free within jurisdictions.

-END

About the Author:

He is a Texan that loves spring fed pools, the summer sun, and brainstorming designs. He appreciates people who can group-think for success. He delights in puzzling ecology and architecture systems together. He hopes his participation in blockchain currencies can increase opportunities for creatives to organize, and see projects through.



Figure 5: Photograph of me at a baby shower's photo booth. It was a girl!